

Date Issued: 01/03/2025

Certificate number: 176667

Learner number: 549653

Active iQ



This is to certify that

Kiran Bala Salinder Pal

has been awarded the

Active IQ Level 3 Diploma in Gym Instructing and Personal Training

Qualification Accreditation Number: 603/2693/1

In successfully achieving this qualification the learner has been awarded the following unit(s)

- Encouraging positive health and fitness behaviours in clients (Y/615/4016)
- Conducting client consultations to support positive behaviour change (A/616/7504)
- Health and safety in the fitness environment (M/616/7502)
- Understanding lifestyle, health, wellbeing and common medical (R/615/4015)
- Planning and instructing gym-based exercise (F/616/7505)
- Principles of anatomy, physiology and fitness (A/616/7499)
- Applied anatomy and physiology for exercise, health and fitness (F/615/4012)
- The principles of nutrition and their application to exercise and health (J/615/4013)
- Professionalism and customer care for fitness instructors (K/616/7501)
- Programme design and delivery for personal training (H/615/4018)
- Professionalism and business acumen for personal trainers (D/615/4020)

Jenny Patrickson
Managing Director



Qualifications Wales regulates this qualification where it is awarded to learners assessed wholly or mainly in Wales



CERTIFICATE OF REGISTRATION

KIRAN BALA SALINDER PAL

Member of:
iCREPS
INTERNATIONAL CONFEDERATION OF
REGISTERS FOR EXERCISE PROFESSIONALS

is confirmed as a registered exercise professional

This individual meets the standards of the UAE Register of Exercise Professionals (REPs)
and is registered as the following :

Category A: Personal Trainer



REPs No.: 16668



Valid until
June 30, 2026

All Registered Exercise Professionals are bound by the REPs Code of Ethics. To confirm an individual's registration status visit www.repsuae.com or phone +971 4 340 7407
The UAE Register of Exercise Professionals (REPs) is a member of the International Confederation of Registers for Exercise Professionals (ICREPS)



Kiran Bala Salinder Pal



Category : **A: Personal Trainer**
Status: **Full**
Emirate: **Dubai**
REPS Id: **REPs16668**
Expiry date: **2026-06-30**



Website: www.repsuae.com | Email: info@repsuae.com | Telephone: +971 4 321 3388 | Mobile: +971 50 4297919

"REGISTER OF EXERCISE PROFESSIONALS"



HSI
1450 Westec Drive
Eugene, OR 97402
800-447-3177

3/26/2025
KIRAN BALA SALINDER PAL

Dear KIRAN

Congratulations on successfully completing your HSI Adult First Aid | CPR AED All Ages (2020) -DC class. This HSI-Approved Training Center has chosen to issue your certification card digitally.

The digital certification card below is identical to a printed version of the card. It documents that you have demonstrated achievement of the required knowledge and hands-on skill objectives of the training program to the satisfaction of a currently authorized HSI Instructor. Your digital certification card may be printed for validation of certification. If further proof is required, scan the QR Code or go to www.hsi.com/validation and follow the instructions. The QR Code link in this letter will stay active. If you lose this letter, you may request a copy from the Training Center named below.

We strongly recommend that you download and save a copy of this letter for safekeeping.

To download the digital student book for this class or to complete a short evaluation of your class and instructor, please go to www.hsi.com/passport and register using the following number: 202662

Save Fast Fire and Safety Training LLC
Dubai,



Certification Validation QR Code



Kadambari Rahate	
Authorized Instructor (Print Name)	
4059283	
Registry No.	
3/20/2025	3/2027
Class Completion Date	Expiration Date
+971523356635	2795876
Training Center Phone No.	Training Center I.D.

This Adult First Aid | CPR AED training program conforms with the 2020 American Heart Association (AHA) Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the 2020 AHA and American Red Cross Focused Update for First Aid. This training program was not designed to meet pediatric first aid training requirements and should not be used for that purpose.

Expiration date may not exceed two years from month of class completion.